

# **Creative Movement Class Options 26–27 School Year**

Our Creative Movement class is designed for children ages 2–3 and provides a fun, nurturing introduction to movement and music. This 45-minute class focuses on developing coordination, balance, rhythm, listening skills, and body awareness through structured play and age-appropriate activities.

Rather than emphasizing formal technique, students learn through imaginative movement, games, music, and guided exploration in a developmentally appropriate environment. The class encourages creativity, confidence, social interaction, and a love of movement while helping children become comfortable participating in a classroom setting.

Class Attire:

- Comfortable clothing that allows for easy movement
- Bare feet or ballet shoes

Students should have hair secured away from the face when possible and arrive ready to move, learn, and have fun!

## **Wednesday**

**Creative  
Movement  
Vinton- Studio 2**  
Instructor-  
Heather Folk  
9:15am-10:00am

## **Thursday**

**Creative  
Movement  
Botetourt**  
Instructor-  
Heather Folk  
3:45pm-4:30pm

## **Saturday**

**Creative  
Movement  
Vinton- Studio 2**  
Instructor-  
Cassy Childress  
9:45am-10:30am

# Preschool Class Options 26-27 School Year

Preschool Dance (Ages 3 & 4)  
Our Preschool Dance classes are designed specifically for our youngest dancers, ages 3 and 4, before they begin elementary school. Classes meet once each week and include 30 minutes of tap and 30 minutes of ballet, providing a fun and well-rounded introduction to dance.

## Monday

**Preschool  
Ages 3 & 4  
Vinton- Studio 2**  
Instructor-  
TBD  
5:00pm-6:00pm

**Preschool  
Ages 3 & 4  
Botetourt**  
Instructor-  
Kirsten Schultz  
5:30pm-6:30pm

## Tuesday

**Preschool  
Ages 3 & 4  
Botetourt**  
Instructor-  
Jill Graybill  
3:30pm-4:30pm

## Wednesday

**Preschool  
Ages 3 & 4  
Vinton- Studio 2**  
Instructor-  
Heather Folk  
10:00am-11:00am

**Preschool  
Ages 3 & 4  
Vinton- Studio 3**  
Instructor-  
Jill Graybill  
3:30pm-4:30pm

## Thursday

**Preschool  
Ages 3 & 4  
Botetourt**  
Instructor-  
Heather Folk  
4:30pm-5:30pm

## Friday

**Preschool  
Ages 3 & 4  
Vinton- Studio 3**  
Instructor-  
Aimee Baker  
5:30pm-6:30pm

Students should wear:

- Pink tights
- Pink leather ballet shoes
- Black patent leather tap shoes
- An optional pink skirt to match

For safety and neatness, hair should be pulled back and secured away from the face.

Through a combination of structured instruction and age-appropriate play, dancers will learn basic dance fundamentals, classroom etiquette, coordination, rhythm, balance, and creativity in a positive and nurturing environment. Our goal is to foster a love of dance while helping young students build confidence, independence, and social skills.

# Ballet & Tap Combo (Grades K-1) Class Options 26-27 School Year

Our Combo Dance classes are designed for early elementary students in Kindergarten and 1st Grade who are ready for a more structured dance environment while still enjoying a fun and engaging learning experience. Classes provide a traditional combination of tap and ballet, allowing dancers to continue building a strong technical foundation as they grow.

This class is an excellent transition from our preschool program, offering a more traditional dance class structure while continuing to nurture confidence, creativity, and a love of dance.

## Monday

**Ballet & Tap  
Grades K-1  
Vinton- Studio 2**  
Instructor-  
TBD  
6:00pm-7:00pm

## Tuesday

**Ballet & Tap  
Grades K-1  
Botetourt**  
Instructor-  
Jill Graybill  
4:30pm-5:30pm

## Wednesday

**Ballet & Tap  
Grades K-1  
Vinton- Studio 2**  
Instructor-  
Jill Graybill  
4:30pm-5:30pm

## Thursday

**Ballet & Tap  
Grades K-1  
Botetourt**  
Instructor-  
Heather Folk  
5:30pm-6:30pm

### Class Attire:

- Baby blue leotard
- Pink tights
- Pink leather ballet shoes
- Tan Mary Jane tap shoes
- Optional baby blue skirt to match

For safety and proper technique, hair should be neatly secured away from the face.

Students will focus on developing coordination, rhythm, balance, flexibility, musicality, and classroom discipline through age-appropriate instruction and progressive skill development.

# Angels From Heaven

## Class Options

### 26-27 School Year

Our Angels From Heaven Program is designed for students with special needs who wish to experience the joy of dance in a supportive, encouraging, and inclusive environment. Classes are tailored to meet the unique needs of each dancer while promoting movement, coordination, confidence, self-expression, and social interaction.

A special feature of this program is that each dancer is paired with a middle or high school student volunteer who serves as a buddy throughout class. These partnerships provide individualized support, encouragement, and friendship while fostering meaningful connections between students of all ages.

Our caring instructors and volunteers strive to create a positive atmosphere where every student can learn, grow, and celebrate their achievements at their own pace. Through music, movement, and creative activities, dancers develop physical skills while building confidence, independence, and lasting friendships.

Due to the popularity of this program, enrollment is based on availability and we currently maintain a waitlist for new students. To add your child to the waitlist, please email [general@floydwarddance.com](mailto:general@floydwarddance.com).

Class Attire:

- Comfortable clothing that allows for easy movement
- Bare feet or clean shoes, as needed

We are honored to provide a place where every child can experience the benefits and joy of dance in a welcoming, accepting, and supportive environment.

#### Monday

##### **Angels From Heaven II** **Vinton Studio 1**

Instructor-

Tara Gallimore

4:15pm-5:00pm

#### Saturday

##### **Angels From Heaven I** **Vinton- Studio 2**

Instructor-

Cassy Childress

9:00am-9:45am

# Elementary Dance Class Options 26–27 School Year

Floyd Ward School of Dance offers a wide variety of dance styles for elementary-aged students. Whether your child is just beginning their dance journey or is ready to explore a favorite genre in greater depth, we have classes designed to meet their interests and goals.

Some classes are offered as combination classes, allowing students to experience multiple dance styles within a single class period. Other classes focus on a single discipline for the full hour, giving dancers the opportunity to develop technique and skills more extensively in the genres they enjoy most.

Our elementary program emphasizes proper technique, musicality, coordination, confidence, and a love of dance while providing a fun and encouraging learning environment.

## Monday

**Lyrical  
Grades K–2  
Botetourt**  
Instructor–  
Kirsten Schultz  
3:30pm–4:30pm

**Tap & Jazz  
Grades K–2  
Botetourt**  
Instructor–  
Kirsten Schultz  
4:30pm–5:30pm

**Ballet  
Grades 1–5  
Botetourt**  
Instructor–  
Kirsten Schultz  
6:30pm–7:30pm

## Tuesday

**Lyrical  
Grades 2–5  
Vinton Studio 3**  
Instructor–  
Tara Gallimore  
3:30pm–4:30pm

**Tap  
Grades 3–5  
Botetourt**  
Instructor–  
Jill Graybill  
5:30pm–6:30pm

**Lyrical  
Grades K–1  
Vinton Studio 2**  
Instructor–  
Kirsten Schultz  
6:45pm–7:45pm

**Clogging  
Grades K–5  
Botetourt**  
Instructor–  
Dani Allan  
7:30pm–8:30pm

## Wednesday

**Ballet  
Grades 3–5  
Vinton Studio 1**  
Instructor–  
Chelsea Roark  
3:30pm–4:30pm

**Ballet  
Grades K–2  
Vinton Studio 3**  
Instructor–  
Kirsten Schultz  
4:00pm–5:00pm

**Tap & Jazz  
Grades K–2  
Vinton Studio 2**  
Instructor–  
Jill Graybill  
5:30pm–6:30pm

**Lyrical  
Grades 3–5  
Botetourt**  
Instructor–  
Sophie Sulesky  
5:30pm–6:30pm

# Elementary Dance Class Options 26-27 School Year Continued

## Wednesday Continued

### Clogging

Grades K-5

#### Vinton Studio 2

Instructor-

Dani Allan

6:30pm-7:30pm

### Hip Hop

Grades K-2

#### Botetourt

Instructor-

Sophie Sulesky

6:30pm-7:30pm

### Hip Hop

Grades 3-5

#### Botetourt

Instructor-

Sophie Sulesky

7:30pm-8:30pm

## Thursday

### Tap & Jazz

Grades 3-5

#### Vinton Studio 3

Instructor-

Jill Graybill

5:30pm-6:30pm

### Jazz

Grades 3-5

#### Botetourt

Instructor-

Heather Folk

6:30pm-7:30pm

## Friday

### Hip Hop

Grades K-5

#### Vinton Studio 3

Instructor-

Aimee Baker

6:30pm-7:30pm

### Ballet Dress Code

Students enrolled in ballet should wear:

- Black leotard
- Pink tights
- Pink canvas ballet shoes
- Hair secured in a bun

### Dress Code for Other Dance Styles

Students enrolled in all other genres should wear fitted dancewear that allows for freedom of movement and enables instructors to observe proper body alignment and technique.

Required Footwear by Genre:

- Lyrical & Liturgical: Capezio Hanami Half Soles
- Jazz: Bloch Pulse shoes in tan
- Clogging: Bloch SO388 shoes in black with clogging taps attached
- Hip Hop: Clean tennis shoes (instructors may specify a particular style or color prior to performances)
- Tap: Bloch SO388 shoes in black or another black Oxford-style tap shoe
- Students should arrive with hair secured away from the face.

# Middle & High school Dance Class Options 26-27 School Year

Our Middle and High School Dance Program is designed for students who are ready to further develop their skills in a more focused and challenging environment. From ballet to clogging, we offer a variety of dance styles that allow students to explore their interests while continuing to grow as dancers and performers.

Classes at this level place a greater emphasis on technique, strength, flexibility, artistry, musicality, and performance quality. Students may choose to study multiple styles or focus more deeply on specific genres as they advance in their training.

## Monday

### **Jazz & Contemporary Grades 6+ Botetourt**

Instructor-  
Kirsten Schultz  
7:30pm-8:30pm

### **Musical Theatre Grades 6+ Botetourt**

Instructor-  
Kirsten Schultz  
8:30pm-9:30pm

## Tuesday

### **Tap Grades 6+ Botetourt**

Instructor-  
Jill Graybill  
6:30pm-7:30pm

### **Jazz & Contemporary Grades 6+ Vinton Studio 2**

Instructor-  
Kirsten Schultz  
8:30pm-9:30pm

### **Clogging Grades 6+ Botetourt**

Instructor-  
Dani Allan  
8:30pm-9:30pm

## Wednesday

### **Ballet Grades 6+ Vinton Studio 1**

Instructor-  
Chelsea Roark  
7:45pm-8:45pm

### **Hip Hop Grades 6+ Botetourt**

Instructor-  
Sophie Sulesky  
8:30pm-9:30pm

### **Lyrical Grades 6+ Vinton Studio 1**

Instructor-  
Chelsea Roark  
8:45pm-9:45pm

# Middle & High school Dance Class Options 26–27 School Year Continued

## Thursday

### Lyrical

**Grades 6+**

### Botetourt

Instructor–

Heather Folk

7:30pm–8:30pm

### Tap

**Grades 6+**

### Vinton Studio 3

Instructor–

Sophie Sulesky

8:30pm–9:30pm

## Friday

### Hip Hop

**Grades 6+**

### Vinton Studio 3

Instructor–

Aimee Baker

7:30pm–8:30pm

### Ballet Dress Code

Students enrolled in ballet should wear:

- Black leotard
- Pink tights
- Pink canvas ballet shoes
- Hair secured in a bun

### Dress Code for Other Dance Styles

Students enrolled in all other genres should wear fitted dancewear that allows for freedom of movement and enables instructors to observe proper body alignment and technique.

Required Footwear by Genre:

- Lyrical & Liturgical: Capezio Hanami Half Soles
- Jazz: Bloch Pulse shoes in tan
- Clogging: Bloch SO388 shoes in black with clogging taps attached
- Hip Hop: Clean tennis shoes (instructors may specify a particular style or color prior to performances)
- Tap: Bloch SO388 shoes in black or another black Oxford-style tap shoe
- Students should arrive with hair secured away from the face.

# Optional Technique Classes Listed By Grade

Our Optional Technique Classes are available to both recreational and ensemble students who wish to further develop their dance skills and expand their technical knowledge. These classes are designed to complement regular dance training by focusing on the foundational elements that help dancers become stronger, more confident, and more versatile performers.

Technique classes emphasize proper body alignment, flexibility, strength, balance, turns, leaps, musicality, and overall dance execution. By dedicating additional time to technical training, students can improve their performance in all dance styles while building healthy habits that support long-term growth and injury prevention.

While not required for students, these classes are highly recommended for dancers who are interested in accelerating their progress, preparing for advanced classes, or pursuing performance and competition opportunities.

Students should follow the dress code associated with the specific technique class in which they are enrolled and arrive prepared to work hard, learn, and challenge themselves in a positive and supportive environment.

## Monday

**Tap Technique  
Grades 2-5  
Vinton- Studio 2**  
Instructor-  
Sophie Sulesky  
7:00pm-8:00pm

**Tap Technique  
Grades 6+  
Vinton- Studio 2**  
Instructor-  
Sophie Sulesky  
8:00pm-9:00pm

## Tuesday

**Leaps & Turns  
Grades 2-5  
Vinton- Studio 1**  
Instructor-  
Chelsea Roark  
4:30pm-5:30pm

## Thursday

**Extra Ballet Technique  
Grades 4+  
Vinton- Studio 3**  
Instructor-  
Tara Gallimore  
4:30pm-5:30pm

**Extra Jazz Technique  
Grades 4+  
Vinton- Studio 3**  
Instructor-  
Sophie Sulesky  
7:30pm-8:30pm

**Leaps & Turns  
Grades 6+  
Vinton- Studio 1**  
Instructor-  
Chelsea Roark  
7:45pm-8:45pm